role in helping to standardize the field of acupuncture in America.

Dr. Lao is a physician in Chinese medicine, a senior Acupuncturist and Herbalist, and the Founder and Director of New York Oriental HealthCare Center in Brooklyn. As a graduate of Shandong University of Medicine in 1968, she received her post-graduate training with herbal master Huang Siang-Zhou and acupuncture professor Jin Rui. She also served as Chief physician at the Red Cross Hospital under the Department of Complementary Medicine in Canton, China. While working at the Red Cross Hospital, she was one of the first physicians in China at that time to use Acupuncture and Chinese medicine in clinical research.

Inspired by the lack of standardization and regulation of the acupuncture profession, Dr. Lao joined the New York State Department of Education in January 1991 where she established a comprehensive educational requirement for licensing and code of ethics. She believes a profession without proper and rigorous training is not a profession. In addition, Dr. Lao set standards in the clinical experience of acupuncture with an emphasis on professional competency. In fact, the comprehensive practice of acupuncture today is a direct result of her advocacy.

As a physician, Dr. Lao has over 35 years experience of clinical practice and teaching in Acupuncture and Oriental Medicine. She has a long list of published works and is also a frequent lecturer on holistic medicine. Most of her lectures and seminars are professional development oriented for other doctors and healthcare professionals.

Currently, Dr. Lao works at Woodhull Hospital as a supervisory acupuncturist where she treats several thousand patients every year. She is in charge of supervising the acupuncture detoxification program which is an integral part of the treatment for chemically dependent patients. She finds her job very rewarding, especially when she sees a converted drug addict go to the podium and receive a graduation certificate from her hands. She has a similar impact on many other people's lives, and that is why she loves her job.

Mr. Speaker, Dr. He-Hon Lao has dedicated her life to easing patients' pain through the practice and development of acupuncture. As such, she is more than worthy of receiving our recognition today and I urge my colleagues to join me in honoring this truly remarkable person.

PRESENTING A MEMORIAL TRIB-UTE TO THE LIFE OF FRANCIS OLIVER ARNOLD

# HON. JUANITA MILLENDER-McDONALD

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES  $Monday\,,\,May\,\,17,\,2004$ 

Ms. MILLENDER-McDONALD. Mr. Speaker: Whereas, Congresswoman JUANITA MILLENDER-MCDONALD recognizes the fine work of this man, who was born and raised in the city of Los Angeles, attended David Starr Jordan High School; became an entrepreneur starting and operating his own trucking company, while serving as an employee of the City of Los Angeles; later co-owning and operating Moe's Liquor Store in Compton success-

fully for nearly 20 years. He enjoyed listening to Jazz and traveling whenever possible. His loving wife, Evelyn, and his family will always cherish his love and devotion.

Now therefore, be it resolved, that the dedication of this man in enriching the lives of our community is much appreciated.

#### SMALL BUSINESS HEALTH FAIRNESS ACT OF 2004

SPEECH OF

## HON. JOE BACA

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Thursday, May 14, 2004

Mr. BACA. Mr. Speaker, I rise in opposition of H.R. 4281 and the association health plans it creates.

This bill does nothing to help uninsured Americans, hurts those who enroll in the plans and will even cause healthcare costs to go up.

There are 44 million Americans who are uninsured in this country and this bill will not even help one percent of them. Not one percent!

A Congressional Budget Office study showed that only 360,000 uninsured Americans would join AHP's. There has to be a better way to help 44 million uninsured Americans.

What is just as bad is that AHP's will use loopholes to get around state health regulations. This will leave consumers who enroll in these plans without needed safeguards.

If an AHP denies someone a cancer treatment or diabetic supplies that person may not have the right to appeal the decision. Their health will suffer and they will be left with no options.

AHP's will enroll only the healthiest Americans. This will leave those other Americans, the ones who are sick and the ones who take prescription drugs, with fewer options.

According to the Congressional Budget Office up to 20 million Americans will face higher healthcare costs. 20 million!

Health insurers will give breaks to the AHP's and charge other consumers more.

These higher healthcare costs could cause up to 10,000 Americans to become uninsured.

There is a better way to help small businesses and the uninsured.

That is why I support the Democratic substitute to the AHP bill.

The substitute will provide small businesses and their employees with affordable quality health insurance. The plan is even similar to what the federal government offers its employ-

The substitute will protect patients by making sure the insurers are overseen by the states.

And finally this substitute will not raise the price of healthcare.

H.R. 4281 will not help small businesses or their employees.

By voting for the substitute we will help these businesses. We will help their employees and we will help all Americans have access to and afford health insurance. TRIBUTE TO JULIE SPENCER

#### HON. TAMMY BALDWIN

OF WISCONSIN

IN THE HOUSE OF REPRESENTATIVES  $Monday\,,\,May\,\,17,\,2004$ 

Ms. BALDWIN. Mr. Speaker, I rise today to recognize one of my constituents, Julie Spencer, of Baraboo, Wisconsin. Julie was the fastest U.S. female in the 108th Boston Marathon. She finished 16th in a time of 2:56:39, her personal best. The Boston Marathon is a competitive international race, and it is an honor to recognize Julie Spencer for her great athletic achievement.

The Boston Marathon ranks only behind the Super Bowl as the largest single day sporting event in the world. Approximately 500,000 spectators line the streets of the 26.2 mile course. In this year's historic Boston Marathon the elite women runners started before the elite men runners for the first time in marathon history, giving Julie a truly unique Boston Marathon experience.

In addition to being a dedicated runner, Julie is a teacher at East Elementary School in Baraboo, Wisconsin. She uses her running expertise to help coach Baraboo High School's cross country team and track teams. By coaching, she shares and passes on her passion to the high school teams.

Obviously, it is an impressive feat to accomplish the 26.2 mile Boston Marathon on the fifth hottest day in the race's 108 year history, but to be the top female U.S finisher is worth the praise of all. It is my esteemed pleasure to contribute to the recognition of Julie Spencer's first place finish for the United States.

Mr. Speaker, Julie's friends and family have been quoted as saying, "We're so proud." I know Wisconsinites and runners across the world share this message and join me in recognizing her today.

TRIBUTE TO BONNIE GAINER

## HON. BERNARD SANDERS

OF VERMONT

IN THE HOUSE OF REPRESENTATIVES

Monday, May 17, 2004

Mr. SANDERS. Mr. Speaker, I want to recognize today a woman who is, at one and the same time, exceptional and representative. Bonnie Gainer has served with great dedication as director of the Rutland County Women's Network. Originally the Battered Women's Shelter, this organization has been a mainstay for women who seek counsel, help, and often a safe haven, from abusive relationships.

Bonnie Gainer is exceptional in both the depth of her commitment to women in need, and her ability to organize both staff and community so that those women can find the support and assistance that they all too often desperately require. But in another sense, she is representative: all across Rutland, all across Vermont, all across this nation, women respond and have been responding to the inhospitable condition in which too many of their sisters live.

Physical and mental abuse is, tragically, widespread in America. It is not limited to women, of course, but with Greater frequency than most can imagine wives, girlfriends and daughters find themselves trapped in difficult